Edmund Keli'i Silva Jr. (Paki), Ali'i Nui Mō'ī

Nalikolauokalani Paki – Ka 'I 'omaka-ola-hou-Kaluaokalani-ka-'I-mano'anu'unu'u-ka-lama-kea-i-ho'oku'ke'aupuni-o-Hawai'i

KINGDOM OF HAWAI'I

Nou Ke Akua Ke Aupuni O Hawai'i



February 17, 2020

From the desk of the King

Re: Novel Coronavirus COVID-19

Aloha mai ia'u i ke Aupuni o Hawai'i,

Hoʻomaikaʻi mai iaʻu mai i ka poʻe a pau ma ke Aupuni o Hawaiʻi, aloha ... Blessings from me to everyone throughout the Kingdom of Hawai'i, aloha...

Na Kanaka Maoli have been here before. Last time our people were exposed to viruses we had never faced; our population was decimated. However, our previous Indigenous experience and our current ingenuity are invaluable in assessing the risk and determining common sense measures needed to help us handle COVID-19.

On February 13, 2020, I made a statement of Health Precautions to take to help prevent the spread of COVID-19 as have been recommended by the Centers for Disease Control.¹

http://en.wikipedia.org/siki/List_of_bilateral_treaties_signed_by_the_Kingdom_of_Hawaii

Apology Bill. (U.S. Public Law 103-150 – 107 Stat. 1510) admits the invasion, overthrow, occupation, and annexation of 1893 violated diplomatic treaties, international law, Laws of Nations, and the United States Constitution. Under International law the World Court ruled the only appropriate remedy is restitution. That fact gives absolute right and power to restore independence. The U.S. Congress has no power, jurisdiction or authority to stop the restoration of the Kingdom. The United Nations Charter states: An autonomous independent sovereign nation-state contemplated under Article 1 of the Montevideo Convention on Rights and Duties of States requiring the state as a person of international law possessing the four qualifications of (a) a permanent population, (b) a defined territory, (c) government; and (d) capacity to enter into relations with the other states. The Kingdom of Hawai'i meets ALL LEGAL REOUIREMENTS - ALI'I NUI MŌ'I. KING EDMUND K. SILVA. JR•

¹ http://kingdomofhawaii.info/health-precautions/

Publicly, we hear statements such as:

• Governor Ige made a public statement that we should "Take preventive measures to prevent the spread of respiratory illness, including the flu. Staying at home instead of going to work."

"Wash your hands often. And, cover your cough and sneezes. <u>That is the way that we believe the virus is spread.</u> It's very important. I think that we all take responsibility for keeping our community safe and limiting the spread of disease in general. And obviously the COVID-19 virus specifically."

• Bruce S. Anderson, PhD., Director of Health, made an additional statement regarding a man from Japan who vacationed in Maui and Oahu before returning home and testing positive for COVID-19. "During his time on Maui he did not have any symptoms. Healthy and well. During the time on Oahu he did develop cold-like symptoms, some of the preliminary symptoms that you would expect to see with COVID-19, but no fever, which is important. As soon as the Department of Health was notified this morning, we began to gather information and work on tracking any close contacts."

"We have normal procedures for this situation and it's those individuals who we are most concerned about. As far as we know, the disease is not transmissible unless you become symptomatic and then you worry mostly about people who are in close contact with the individual, for prolonged periods of time. Fortunately, the individual did not have any symptoms while he was traveling on Maui and again, he developed cold-like symptoms with no fever while he was here on Oahu. The Department of Health is sending out a medical advisory to all the health care providers in the state to be on the alert for possible cases. They have been previously notified about the disease and they're ready and willing and able to attend to anyone who does show signs of the disease, and we are also consulting with Federal and County partners on the most effective measures to protect our residents and our visitors."

"We actually have a representative from the Centers for Disease Control with us today that was assigned to help us deal with situations just like this who is serving as a liaison for us in the Federal Agencies. Because you're going to probably ask this question, I wanted to share with you that when he was on Oahu, he did stay at the



Waikiki Inn Hilton Grand Vacation, which is a timeshare in Waikiki. They have been notified about the issue and they're helping us and cooperating with us in trying to identify any possible close contacts while he was here. We're still gathering information. Obviously, we're learning about his travel history when he's here.

And, we'll be able to identify additional situations where there may be a risk of transmitting disease as we find out more."

"We're focused on this and will continue to investigate this issue until we are sure there hasn't been any undo exposure to Hawaii residents."

- Dr. Sarah Park, the Hawaii State Epidemiologist, said, "Our focus is who this person might have sat down with, talked, had conversation with. Those are the kind of things we're looking for." And,
- Chelsea Davis, Hawaii News Now said, <u>"Biggest unknown is how he caught the virus since he has not been to China."</u> ²

Such statements seem to reassure that the COVID-19 can only be "caught" after a person has symptoms of the illness, intimating that it will be easy to keep the situation in hand.

Here is my mana'o – thoughts... What if what the governor (Ige) and his team are espousing is not totally true but merely a way to pacify the masses?

The Governors statements are refuted by experts in the field who are <u>very concerned that</u> <u>there may be asymptomatic transmission of the COVID-19 virus long before a person</u> <u>is aware that they even have it.</u> Isn't this what we are all concerned about? Some statements that have been made are:

• Dr. Robert Redfield, of the U.S. Centers for Disease Control and Prevention, states that <u>he fully expects to see "community-based transmission"</u>, or in other words, that we simply won't be able to avoid it no matter what we do.³

³ https://www.healthline.com/health-news/what-to-know-about-the-mysterious-coronavirus-detected-in-china#CDC-director-warns-COVID-19-may-spread-throughout-U.S.



² Statements were made by Governor Ige, Dr. Bruce Andersen, Dr. Sarah Park, and Chelsea Davis on the same video located here: https://www.hawaiinewsnow.com/2020/02/14/governor-japanese-visitor-recently-hawaii-confirmed-have-coronavirus/

- Dr. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases . . . says he's been talking to trusted colleagues in China about this issue, and <u>"they told me without a doubt there is some degree of asymptomatic transmission."</u> ⁴
- Bruce Ribner, MD, medical director of the Serious Communicable Diseases Unit at Emory University Hospital stated, "We don't really know how the coronavirus is being transmitted from person to person, because no one has done the NIOSH studies that simulate the cough big droplets that land 3 to 6 feet away from a person or the little droplets that can travel long distances and in air handling system," Ribner said. "So, we have to use what we know about other coronaviruses and influenza when it comes to this disease." What we know, Ribner said, is that multiple modes of transmission are likely at play, including large droplets, small droplets (or aerosols), and contaminated hands. At Emory, Ribner is responsible for the care of patients treated for Ebola, Lassa fever, and other serious pathogen diseases.
- Michael Osterholm, PhD, MPH, director of the University of Minnesota's Center for Infectious Disease Research and Policy, which publishes CIDRAP News, says, "The very unsettling data regarding the number of infected healthcare workers in the Wuhan area and the infection of a Japanese doctor working with those quarantined on the cruise ship and who used standard PPE [personal protective equipment]—except for a surgical mask instead of an N95 respirator—should be a real wake-up call to all of us about how do we really protect against this critical occupational risk ... Frankly, the WHO recommendation that surgical masks provide adequate protection for healthcare workers caring for COVID-19 patients is not consistent with data we have from similar transmission dynamics we see with influenza virus."
- How the virus travels in the air: Donald Milton, MD, a professor of environmental health at the University of Maryland, helped prove via the use of his Gesundheit machine that influenza could be spread via aerosol transmission. He said he is in contact with colleagues in Singapore who are attempting to study the transmission of the COVID-19 viruses, which are often called nCoV, for novel coronavirus.

Though Chinese officials said earlier this week that they believe the coronavirus is transmitted only via droplets, implying they do not believe airborne or contact transmission plays a role, Milton said that statement is

⁴ https://www.npr.org/sections/health-shots/2020/02/05/803158339/does-the-new-coronavirus-spread-silently



Ka Pu'uhonua O Na Wahi Pana O Hawai'i Nei Nou Ke Akua Ke Aupuni O Hawai'i kingdomofhawaii.info admin@kingdomofhawaii.info <u>likely rooted in fear, not science.</u> (Note added: Droplets refers to the larger size drops that result from a sneeze or a cough. Airborne refers to tiny droplets in the air from breath.)

"To me this sounds like someone trying to deal with panic, because people panic when they hear airborne transmission and long-distance transmission," he said. He said there has been scientific evidence of aerosol transmission of MERS-CoV (Middle East respiratory syndrome coronavirus), so it is likely possible for this novel coronavirus, as well. 5

The current CDC Guidelines are all written around a scenario where transmission occurs only <u>after</u> symptoms begin. All their definitions of risk, close contact, etc., are determined around <u>symptomatic exposure</u>. (Full CDC Guideline Manual here.⁶)

How do we apply Kanaka Maoli wisdom in dealing with this situation? It's obvious that all the facts are not yet known and there is a possibility of easy and rapid transmission, though everyone hopes that is not the case.

In Hawai'i, we truly stand on the edge of discovering what is the truth and how this COVID-19 transfers to others. As we do, I encourage you to approach this matter in a calm way, with intelligence and common sense and as a community, in the Hawaiian way. Let us do what we can as individual citizens to protect *ourselves*.

COMMON SENSE PROTECTION GUIDELINES

It makes sense to understand the nature of viruses, the natural remedies, preventions and immune strengthening methods we have at hand. Let us prepare and strengthen ourselves. These suggestions are not guaranteed nor scientifically or medically proven, though footnotes provide access to scientific articles backing up each suggestion. I recommend

⁶ https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html



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⁵ Dr. Bruce Ribner, Dr. Michael Osterholm and Dr. Donald Miltner discuss issues around transmission related to face masks. http://www.cidrap.umn.edu/news-perspective/2020/02/unmasked-experts-explain-necessary-respiratory-protection-covid-19

working with a physician of your choice to make these decisions. With that disclaimer said, below are some common sense alternatives, in addition to the recommended sanitation guidelines in my prior Letter to the People on February 13, 2020.

- 1. Salt rinses for sinus issues have become quite common (hypertonic saline). The saline rinse of the sinuses is important as well as they are the first landing spot. They can be rinsed after any exposure. It sterilizes the area from all bacteria, viruses and pathogens (in most cases). It is the nature of sea salt.
 - We know the healing properties of sea salt. Let's apply them here. A small sterilized bottle such as is sold over the counter for saline enemas (just empty it and rinse out with steaming water), can be used to irrigate the sinuses in a gentle manner with warm to the touch sea salt water. Just take a big breath, then breath out slowly as you squeeze the water into one nostril. Repeat on the other side.
- 2. In today's situation, there is a method used for treatment of Cystic Fibrosis that uses hypertonic saline in a nebulizer—and breathed into the lungs where it sterilizes viral phages and purifies the surface of the lungs. ⁷ This should be done under the care and instruction of a physician at the lowest dosage suggested, the footnote reference suggests a 3% would be recommended, but follow professional suggestions. This could be done for the lungs once or twice a day (but never more frequently) to keep the lungs free of contamination. The nebulizer mist can be done prior, during or after exposure to COVID-19.

A dry salt inhaler might also be worth investigation as a low-cost alternative.⁸

- 3. Keeping hydrated to stimulate mucous production and protect natural surfaces.9
- 4. In ancient times, our ancestors used Noni for illness.10
- 5. Our islands have an abundance of fresh fruit. Eat only raw fruit for a day or two to strengthen cells of the body. Polyphenols may act in the mitochondrial machinery independently and certain polyphenols affect mitochondrial electron transport

¹⁰ https://www.ctahr.hawaii.edu/UHMG/do<u>wnloads/2006-Noni-The-Complete-Guide-Nelson-Elevitch.pdf</u>



⁷ https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6134045/

⁸ https://www.ncbi.nlm.nih.gov/pubmed/18019972

⁹ https://courses.lumenlearning.com/microbiology/chapter/physical-defenses/

chain and ATP synthesis.¹¹ Perhaps we can work with our hard-hit Chinese market vendors to have fresh fruit delivery right to our neighborhoods or one member can bring fresh fruit for everyone in their area. This will help the small business owners as well as to assist you.

- 6. Cooked elderberry juice or commercially prepared powder may be helpful in fighting this type of virus.¹²
- 7. Zinc is used in modern times to fight viruses.¹³
- 8. Begin eating raw garlic now to keep the body resistant.¹⁴
- 9. It may be effective to use Diatomaceous Earth (only food grade) to fight off virus and other pathogens in the body. This may improve overall health as well.¹⁵
- 10. Explore licorice as a possible help. 16
- 11. Let us use the right detoxifier, chlorine dioxide, to purify our waste and wastewater from harboring the COVID-19. This keeps the virus from contaminating additional individuals via the water. Chlorine dioxide can also be used to sterilize fresh fruits and vegetables from virus contamination.¹⁷ *This is something Governor Ige* could and should verify or add to safeguard the community. In the meantime, drink bottled water or boil water and then cool in the refrigerator.

We the People, Na Kanaka Maoli, fear no one and nothing, for it is fear that destroys the mind and body of man. Let us turn to Akua, 'Ohana, and one another for strength and peace during this time of difficulty. Educate yourselves in the natural ways and seek the

https://www.sciencedaily.com/releases/2019/04/190423133644.htm,

https://www.healthline.com/nutrition/elderberry#risks-and-side-effects

¹⁷ https://www.ncbi.nlm.nih.gov/pubmed/15847934/



¹¹ https://www.ncbi.nlm.nih.gov/pubmed/24875147

¹²https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3056848/,

¹³ https://www.ncbi.nlm.nih.gov/pubmed/15496046

¹⁴ https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4103721/

¹⁵ https://www.marioninstitute.org/the-super-properties-of-diatomaceous-earth/

¹⁶ https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3971757/

Way of Knowing to determine what natural protections you should use. Limit group activity for this short time. Know that you are in the heart and prayers of this, your King, every single day.

We know that to date, only a tiny percentage of the Human Family has been infected with this virus and an even smaller percentage have died.

So, be at peace, your kingdom government is doing everything it can to keep everyone safe in mind, body, and spirit.

No laila, e maluhia, kou aupuni aupuni, ke hana nei i nā mea āpau i hiki i ka mālama i nā mea āpau i ka no 'ono 'o, ke kino, a me ka 'uhane.

Mahalo iā 'oe, e ka Makua Makua, no kāu aloha iā mākou a pau.

Thank you, Heavenly Father, For Your Love for Us All.

Efmund K. Xila JR.

Ali'i Nui Mō'ī, EDMUND K. SILVA, JR. (PAKI)

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cc: Na Kupuna Council O Hawai'i Nei ame Moku Chief Justice Kingdom Supreme Court Ali'i Mana'o Nui Lanny Sinkin Minister of Foreign Affairs Celestial Council



